

# TOP 12 NATURAL REMEDIES FOR CANCER

The beauty of natural remedies for cancer is that the risk of further damage to the body is very low (often negligible), and the reward can be very high. However, anyone dealing with cancer must realize that a complete change in lifestyle is needed, and each of these solutions are not magic bullets. Combine these remedies with a holistic lifestyle plan rooted in mindset techniques and nutrition, and you'll give yourself the best odds at beating this terrible disease.

## 1. Juice Fasting

The purpose of juice fasting is to give our digestive system a rest so that extra energy can be used to rid ourselves of diseased tissues, excess nutrients, and accumulated wastes and toxins. It also creates an environment to heal and regenerate different areas of the body, including the immune system. One particular study conducted on the effects of fasting patients showed that those who included fasting in their therapy had fewer side effects from chemotherapy, and it slowed down the growth of tumors and even eliminated the threat of cancer in some patients. [Here's a great juice to get you started.](#)

## 2. Cannabis Oil

Laboratory tests conducted in 2008 and published in the Journal of Clinical Investigation showed the active ingredient in marijuana, known as THC, can function as a cure for brain cancer, and multiple types of other cancers. Other studies have shown that cannabinoids may work by various mechanisms, including inhibiting cell growth, inducing cell death, and mitigating tumor metastasis. One of the cannabinoids that have shown great promise is cannabidiol, or CBD, with research indicating it can inhibit cancer development. Unlike conventional cancer treatments like chemotherapy, cannabinoids effectively target and kill cancerous cells while not negatively affecting healthy, normal cells.

## 3. Coffee Enema

The Gerson Therapy explains that caffeine and palmitates work together to stimulate and cleanse the liver and the blood. This caffeine exposure causes the liver's portal vein and bile ducts to expand which increases the release of diluted toxic bile. The enema fluid triggers peristaltic action and the effective removal of wastes from the body. Palmitates in the coffee stimulate and increase the production of the liver enzymes glutathione-S-transferase (GST), which help remove free radicals and cancer cells from the bloodstream and help detoxify the liver. [Learn more about enemas.](#)

## 4. Hyperbaric Oxygen Therapy

Oxygen has a powerful connection with cancer. O<sub>2</sub> is a definite must-have, but ironically enough, the O molecules floating around in the air make up just 21% of our atmosphere. Hyperbaric oxygen therapy (HBOT) chambers tackle this by creating an enclosed, pressurized environment with air that's up to 100% oxygen. The combination of high oxygen and atmospheric pressure takes oxygenation even further by going beyond the red blood cells. Hyperbaric oxygen chambers saturate the blood, plasma, and interstitial fluid with fresh oxygen; flooding every cellular corner and cranny with vital air. This boost in circulation enables nutrients and toxins to be transported as needed, and that helps swelling and inflammation, immunity, blood vessel growth, and stagnant tissues.

## 5. Sound Waves

A recent breakthrough in high-intensity focused ultrasound therapy (HIFU) technology has proven its use as an effective cancer treatment. HIFU is a non-invasive, targeted treatment that makes use of sound waves to eradicate cancer cells. HIFU uses an ultrasonic transducer to convert electrical signals into sound waves, then concentrates ultrasound into a small focal region to raise the temperature to more than 65 degrees Celsius, thereby killing cancer cells in the process without inducing damage to surrounding tissues. [Learn more about using sound waves for cancer.](#)

## 6. Budwig Diet

You've probably never heard of the late Dr. Johanna Budwig, but this biochemist, pharmacologist, and physicist was a leader in European cancer research. Dr. Budwig's work with cancer focused on the connection between diet and the electrical needs of a body's cells. She saw that cancer patients were low in lipoproteins and phosphatides. Her studies revealed that pure unsaturated fats pack electrons that are crucial to cellular health. This plus other research led her to develop a cancer protocol that revolved around electron-rich flaxseed oil and cottage cheese (for chemical help from its sulfur protein). [Learn more about this protocol.](#)

## 7. Vitamin D

Once you realize that 77% of all cancers can be prevented by vitamin D alone, you start to realize how important this nutrient is to living a cancer free life. This point was proven by researchers who took human breast cancer cells and treated them with a strong form of vitamin D. Within a few days, half the cancer cells shriveled up and died. The vitamin's effects were even more dramatic on breast cancer cells injected into mice. After several weeks of treatment, the cancer tumors in the mice shrank by an average of more than 50 percent. Some tumors disappeared. Similar results have been achieved on colon and prostate cancer tumors in mice as well. [Learn more about vitamin D supplementation.](#)

## 8. Frankincense

Frankincense and its compounds (acetyl-11-keto-beta-boswellic acid (AKBA)) have powerful immune-boosting and cancer-fighting benefits. Frankincense's cancer-fighting properties seem to come, in part, from its potent effects on the immune system. One study, conducted by researchers from Baylor University Medical Center, found that frankincense acts upon the expression of genes that help regulate the immune system, leading to cancer cell death. Another study, published in *Phytotherapy Research*, found that mice given frankincense exhibited increases in several key markers of immune function, primarily levels of white blood cells (lymphocytes) and anti-inflammatory activity. [Learn more about frankincense and which species work best on cancer.](#)

## 9. Laetrile (Vitamin B17)

Laetrile (or B17) was banned by the FDA in 1971 despite its proven efficacy. However, the source of laetrile or B17, is legally available and this natural source is amygdalin (found predominantly in apricot kernels). Amygdalin contains four substances, two being glucose, the third benzaldehyde, and the fourth is cyanide. Cyanide and benzaldehyde are poisons if they appear as molecules that are not bound to other molecular formations. Vitamin B-12 also contains cyanide, but remains safe as it remains bound and locked by part of another molecule. An enzyme in normal cells called rhodanese can render them harmless by combining them with sulfur. Cancer cells thrive on sugar, which makes the glucose molecules of amygdalin irresistible. However, an enzyme called beta-glucosidase (found only in cancer cells, not healthy cells) unlocks the amygdalin molecules and releases the benzaldehyde and cyanide (the poison) creating a toxic onslaught

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that destroys cancer cells. The cancer cell's beta-glucosidase enzymes causes cancer cells to self destruct by opening themselves up to the poison of cyanide and benzaldehyde. [Learn more about laetrile and dosage, here.](#)

## 10. Chaga Mushroom

Research has shown chaga to be extremely effective in protecting cellular DNA from damaging free radicals and also has anti-tumor and immune stimulating benefits. Researchers at Kyunghee University in Seoul, South Korea examined chaga's effectiveness in protecting cellular DNA. These cells were treated with chaga mushroom extract then exposed to oxidative stress, and it was found that the extract treated cells had 40% less DNA mutation than untreated cells. In another study, Japanese researchers found that chaga had higher levels of antioxidants than other medicinal mushrooms, and has been shown to be effective against cancers of the liver, uterus, breast, colon, skin, cervix, and lung. It also attacks tumors without disturbing healthy tissue. The sterols, flavonoids, polysaccharides, and polyphenols are some key constituents that give this medicinal mushroom its anti-cancer properties. [Get this chaga elixir for the most enjoyable benefits.](#)

## 11. Iodine

In addition to supporting a healthy immune system, iodine acts as an antioxidant to remove toxic free radicals and plays a role in the death of unhealthy cells (apoptosis). Iodine's use in preventing and reversing cancer poses HUGE potential. Studies on iodine's impact on breast cancer, lung carcinoma, and so on, only validate iodine's potential. A great source for food based iodine is seaweed, but you can also get it in higher doses through supplement form. [Try this highly rated iodine supplement.](#)

## 12. Vitamin C

It should be no surprise that vitamin C, a powerful immune booster, could have a significant effect against an immune compromised disease like cancer. However, researchers have been pleasantly surprised by the effects of vitamin C given in high doses intravenously. New research published in the peer-reviewed journal Science Translational Medicine, conducted by a team of researchers at the University of Kansas, found that these high doses of vitamin C injected intravenously eradicated cancer cells while leaving healthy cells intact. [Find out more on vitamin C and how to take it.](#)

**Incorporating a variety of these 12 natural cancer remedies will help in your prevention and reversal of cancer. If you want to increase your chances of success, get [The Thrivers Lifestyle](#), my cancer fighting lifestyle plan, for 50% off for the next 24 hours.**

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